



**Headway
Essex**

Basildon Support Group Meetings 2019

Our aim is to provide advice, information and support for people with acquired brain injury and/or their partners, family and friends.

There is a range of experience and knowledge within the group, which includes people who have personal experience of acquired brain injury, family members and carers.

Guest speakers and interested professionals also attend some of the meetings.

Those who attend often find support from other group members extremely beneficial, and there is always time for people to chat informally.

The meetings take place on the **Second Tuesday** of each month (unless otherwise stated) and run for two hours commencing at 7pm. Venue is as follows:

Dates for 2019 Meeting

8th January

12th February

12th March

9th April

14th May

11th June

9th July – social event

NO MEETING IN AUGUST

10th September

8th October

12th November

10th December – social event

There is a charge of £2.50 per person or £5.00 per family.

If you require further information please contact the Community Support Team on 01206 768797 or email communitysupport@headwayessex.org.uk