



West Essex Support Group Meetings 2018

Our aim is to provide advice, information and support for people with acquired brain injury and/or their partners, family and friends.

There is a range of experience and knowledge within the group, which includes people who have personal experience of acquired brain injury, family members and carers.

Guest speakers and interested professionals also attend some of the meetings.

Those who attend often find support from other group members extremely beneficial, and there is always time for people to chat informally.

The meetings take place on the **Fourth Tuesday** morning of each month 10.00 – 12.00 and the venue is in Epping.

We ask all new attendees to either call 01206 768797 or email communitysupport@headwayessex.org.uk where you will be provided with further details.

Dates for 2018 Meeting

23rd January

27th February

27th March

24th April

22nd May

26th June

24th July – **social event. Call office for details.**

NO MEETING in AUGUST

25th September

23rd October

27th November

DECEMBER –social event TBA

There is a charge of £2.50 per person or £5.00 per family

If you require further information please contact the Community Support Team on 01206 768 797 or email communitysupport@headwayessex.org.uk