



North East Essex Carers Support Group Meetings 2018

Are you caring/supporting someone who has experienced an acquired brain/head injury?

You may be a partner, relative or friend of someone whose injury was caused by a road traffic collision, a fall, an assault, a stroke, an infection, a tumour etc.

We feel that having the opportunity to socialise and meet others in a friendly, welcoming environment is very important. These meetings are open to all carers, are informal and give everyone the opportunity to share experiences, discuss issues or concerns and gain peer support.

The meetings take place on the Fourth Friday of the month (unless otherwise stated) and run for two hours commencing at 10.30am. The venue is located in Colchester town centre.

We ask all new attendees to either call 01206 768797 or email communitysupport@headwayessex.org.uk where you will be provided with further details.

Dates for 2018 meeting:

26th January
23rd February
23rd March
27th April
25th May
22nd June
27th July

NO MEETING IN AUGUST

28th September
26th October
23rd November

NO MEETING IN DECEMBER

There is a charge of £2.50 per person or £5.00 per family.

If you would like further information please contact the Community Support Team on 01206 768797 or email communitysupport@headwayessex.org.uk