



Mid Essex Support Group Meetings 2018

Our aim is to provide advice, information and support for people with acquired brain injury and/or their partners, family and friends.

There is a range of experience and knowledge within the group, which includes people who have personal experience of acquired brain injury, family members and carers.

Guest speakers and interested professionals also attend some of the meetings.

Those who attend often find support from other group members extremely beneficial, and there is always time for people to chat informally.

The meetings take place on the **Third Tuesday** morning of each month from 10.30 until 12.30. Venue is in Hatfield Peverel.

We ask all new attendees to either call 01206 768797 or email communitysupport@headwayessex.org.uk where you will be provided with further details.

Dates for 2018 Meeting

16th January

20th February

20th March

17th April

15th May

19th June

17th July

NO MEETING IN AUGUST

18th September

16th October

20th November

18th December

There is a charge of £2.50 per person or £5.00 per family.

If you require further information please contact the Community Support Team on 01206 768797 or email communitysupport@headwayessex.org.uk