

Thanks to all our great fundraisers

■ MESSAGE

FROM

THE PATRON

We all know it's tough at present – and that people can be forgiven for thinking of themselves and their loved ones first before even beginning to consider raising money for a charity.

Yet the people who support Headway Essex continue to amaze. They have climbed mountains, run marathons, driven in vintage car rallies, and walked their dogs. They have held clay pigeon shoots, walked through the night or danced their wee socks off! They have found time to organise events – and to attend them, just so they can offer support.

Their creativity and determination is vital to help Headway Essex, which is heavily reliant on fundraising income to be able to continue providing its brilliant services for individuals and families affected by brain injury.

When Headway Essex asked me if I could help the cause by putting my artistic talents to the test, I came up with the 'David Doodle' which has now found its way onto T-shirts and pillow cases which are being sold to raise funds. While I don't ever expect to see my work hanging in the Tate - I am proud that it is having a direct



effect in supporting the survivors of brain injury and their families.

I hope that like me, you will continue to support Headway Essex. Its work is vital to those living with brain injury and their families and carers – without it there would be no-one else to help pick up the pieces of shattered lives and help rebuild them again.

Your support has never been more important than it is in these uncertain economic times. Thank you for all that you do, you make more of a difference than you will ever know.

David Tennant