

# MESSAGE FROM OUR PATRON

## Dear Supporter

I became the Patron of Headway Essex in 2006 after visiting the day centre whilst researching a role for the BBC drama 'Recovery', in which I played a person who acquired a brain injury as a result of being hit by a car and how they and their family fought to deal with the new life they faced.

My visit to Headway was a truly humbling and powerful experience, enabling me to see first-hand the effects brain injury can have on individuals and families, and why the work of Headway is so important to everyone affected by a head injury.

I was more than happy to sign 1,000 cards with my face on when the fundraising director asked me, and no one is more surprised than I to learn that those cards have raised over £21,000 for Headway Essex.

Thank you to all of you who support the work of Headway. I believe Headway Essex is a wonderful organisation and one I am only too happy to help and hope you will all continue to do so too.

Best wishes

## David Tennant

