



# FUNDRAISING HEADLINES



OCTOBER 2010

HEADWAY ESSEX

## CRUMBS... NOT LONG TILL CHRISTMAS



### Hats for Headway

We already have a number of Essex businesses and schools taking part on Friday 22nd October in our 'Hats for Headway' Day. We are asking you to get involved and encourage your fellow colleagues, club members & students to wear their favourite or wackiest hat for the day and make a £1 minimum donation in return. If you are part of, or know, an organisation, company or school that could get involved, please contact us and we will send out information. If the 22nd October doesn't fit in for you, any day that week will do. We will award some novelty prizes for daftest photos, so join in the fun and raise funds too! Please contact us on 01206 547616 or email [fundraising@headwayessex.org.uk](mailto:fundraising@headwayessex.org.uk) for more information.

### Masquerade Ball

Tables are being filled rapidly for our Masquerade Ball, so if you're still um-ing and ah-ing now is the time to book, before we sell out! It takes place at The Fennes, Bocking on Friday 19th November. Commencing at 7pm with a sparkling reception and canapés, there is plenty of "music, magic & mystique" in store along with a delicious 3 course dinner and dancing.

If you would like tickets please email us on:  
[fundraising@headwayessex.org.uk](mailto:fundraising@headwayessex.org.uk)

**Stop Press: At the point of going to press there were still some tickets left for the "Me, Myself & I" evening on 14th October at Lexden Wood Golf Club. Call us now if you would like more details.**

### The Twelve Wines of Christmas "and a Pomerol in a Pear Tree"

On the ninth day of Christmas my true love gave to me ..... an invitation to a Christmas Wine Tasting! Join us at Colchester Wine Centre on Thursday 9th December from 7pm to 9.30pm for a truly festive evening of fine wines and canapés. Try out the superb selection specially chosen by the Wine Centre suitable for a Christmas Eve Drinks Party, Christmas Day Lunch, Boxing Day Buffet and New Year's Eve Celebration. Wines tasted on the night will be available to guests at special offer prices for 7 days after the event. Tickets are £28 each and numbers are limited, so book now, by sending a cheque made payable to Headway Essex enclosing an s.a.e to the Town Office or go online to: [www.headwayessex.org.uk](http://www.headwayessex.org.uk)



### Christmas Cards

We're enclosing our Christmas card order form and we hope you like the selection. This year we have all new designs including the wonderfully wacky, the seriously seasonal and the creatively contemporary. You can order your cards by returning the form with your cheque, you can also view & order online, or you can arrange to collect from the Town Office or Day Centre. From 23rd October you can also buy them from Chelmsford & Colchester Libraries Cards for Good Causes.

### Christmas Grand Draw

We're also enclosing one book of raffle tickets (value £5), which we hope you will be able to sell for us. If you would like more books on sale or return, please let us know. There are two good cash prizes plus 8 more great gifts. We would be very grateful for your support with our annual Christmas Draw.

# ENTERTAINMENT & EXERCISE

## “Miles for Smiles”

If you feel like stretching your legs this autumn, there is still time to join in the charity walk organised by the Rotary Club of Colchester Forum. Taking place on Sunday 17th October, there is a £10 entry fee that goes to the Club charity, but all sponsorship you raise comes to Headway Essex. There is a choice of a 5 or 10 mile route. The walk starts at 9am from Lower Castle Park. Let us know if you'd like to join our team and we will send you all the necessary details.

## Mayor's Charity events

Support the Mayor of Colchester's Charities this year by attending one of the many and varied events being organised. Ranging from Quiz Nights to Beer Suppers; from “Welcome Winter” celebrations to a New Year's Eve Party; music from a Military Band to Jazz to the Bach Choir; and not forgetting the Antiques Road Show and “Batty Old Bags” evening! For more details and tickets, email: [mayor@colchester.gov.uk](mailto:mayor@colchester.gov.uk)

## Charity Film Night

We are delighted that the Hearing Care Centre has chosen to support us this year and are organising a Charity Film Night at Colchester's Headgate Theatre on Tuesday 30th November at 7.45pm. The evening will feature short films on “The Changing Face of Colchester” by the Colchester Film Makers' Club and the Children's Signing Choir from Lexden Primary School Hearing Impaired Unit. Tickets are £9 from Headgate Theatre Box Office on 01206 366000.

## Autumn Race

Grange Farm and Dunmow Runners hold their 10 mile autumn road race in Stebbing on Sunday 14th November starting at 11.30am. The highly regarded course on quiet country lanes is run under the UK Athletics rules and is part of the Grand Prix Series 2010. Headway is one of the benefiting charities. Go to [www.GrangeFarmDunmowRunners.co.uk](http://www.GrangeFarmDunmowRunners.co.uk) for more details. PS: Thanks to the Club for the recent £155.00 donation.

## Congratulations, Justin

We are thrilled to announce that following our nomination, Justin Carr will be receiving an “Achiever of the Year” Award at the 2010 Headway UK Christmas Lunch at the Dorchester on 9th December. We're delighted for you Justin and it's a very well-deserved honour.

## Holland Cycle Ride

Our intrepid cyclists, Caroline & Malcolm Lesiter returned safe and sound, and keen to do more, from their eight day cycle ride for Headway round Holland. They also raised an amazing **£1855** with a bit more to come. We're so glad they enjoyed the challenge and are very grateful to them for being super fund-raisers too. We would also like to thank Ian & Maggie Dewis who accompanied them and gave them both moral and technical support!



Caroline & Malcolm having a well-deserved break whilst promoting Headway & safe cycling

## Back on Terra Firma

Congratulations to the eight brave men from Colchester Colne Round Table who dived from the sky on 4th September and raised over **£5000** including Gift Aid.

*“What a brilliant, nerve-shredding, adrenaline-filled and petrifying day! I'm so proud and have huge respect for the Colchester Colne Round Tablers who, after a day's intensive training at the Army Parachute Centre at Netheravon, made their solo skydives for Headway Essex earlier this month. Raising thousands for the charity was the icing on the cake and went a long way towards my ambition to raise £25k for Headway Essex in my year as Chairman. Would we do it again? Some of us are up for it, but the others will call it a day thanks. Geronimoooooooo!!” John Mackenzie, Chairman, Colchester Colne Round Table.*



Sorry Chaps. The Only Way is Up!

# PAST GLORIES AND GRATEFUL THANKS

## Clay Pigeon Shoot

A massive “thank you” to Paglesham Clay Pigeon Club and The Plough & Sail for the wonderful donation of **£4000.00** from this year’s Clay Pigeon Shoot. We had a lovely evening at the beginning of September when we went to collect the cheque and were made to feel most welcome.

## Tesco Collection

The recent collections at The Hythe & High Woods stores raised **£256.24** and **£281.40**. A big thank you to all the volunteers and Tesco Stores.

## CycleBirdathon

A team of keen birdwatchers cycled round North Essex on Sunday 16th September. We’ll let you know next time how many species they spotted, but you can reward their efforts by sponsoring them on: [www.justgiving.com/Sean-Minnscycle-birdathon2010](http://www.justgiving.com/Sean-Minnscycle-birdathon2010)

## Colchester Fireswim

We’ve a team entered in to this year’s Fireswim and we hope they enjoy their hour of doing lengths of the Leisure World Pool, whilst raising money for the Fire Fighters Charity and other local charities including Headway.

## Stanway Fete

Our special thanks go to Gill & Graham Collings, Dawn Waters and Corinne Thompson for raising **£50.30** at the recent fete.

## Run to the Beat

By the time you read this our 11 strong Run to the Beat team will have completed the challenge and raised a good deal of cash for Headway Essex. We hope to have more information and perhaps some photos for the next newsletter, but a big thank you to the team members and to volunteer Jo Hockey who organised our involvement this year.

## Dogathons

Over **£7300** was raised from our Colchester Dogathon, including Gift Aid, which looks to be an all time record! Our Headway Hounds are Patsy, the Golden Retriever and Daisy, the English Bull Terrier owned by Katie Sangster. Our other winners were Summer & Cookie Lingard, Mason Perfect and Travis Andrews. They have received doggy baskets of wonderful prizes or vouchers for their superb efforts.

The Coastal Dogathon took place on Sunday 19th September in Clacton. The event was sponsored by Barking Mad Home from Home Pet Care, Snoopies Grooming Salon and Gary Wilson Photographic. More on that next time.

## Alter Ego

Further to our report in the last newsletter we are delighted to have received **£829.00** from Alter Ego following the International Fashion Party. We would like to thank Nick & Angela for their support.

**Some more very welcome news of donations & sponsorship received.**

**Thank you to the following for their wonderful help & support**

Mark Passmore	£600.00
Waitrose Community Fund	£410.00
Mersea Island Fundraising for Headway Tea Concerts	£525.00
Pamela Giles Garden Party	£116.00
Ken & Jill Arnold Anniversary Party	£275.00
King Coels Kittens (for the Day Centre Hoist)	£2490.15
Colchester Cellar Club	£360.00
Leigh on Sea Rotary	£100.00
Ben Shoulders (Edinburgh Marathon)	£350.00
Colchester Catalyst	£12000.00
Scientific Glassblowers Convention	£250.00
Colne Estates	£325.00
Harebell Centenary Fund	£3000.00
Linda Runciman (Barleylands Fun Walk)	£281.00



“Please note that any products, companies or web-links included in this newsletter are not produced, sponsored or endorsed by Headway Essex, other than our David Tennant merchandise of signed cards, t-shirts and pillow slips”

# FUNDRAISING

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## Events, events!

“Me, Myself & I”, Thursday 14th October  
Lexden Wood Golf Club

“Miles for Smiles” sponsored walk  
Sunday 17th October, Colchester

Wear a Hat for Headway Day, Friday 22nd October

Mayor’s Quiz Night, Wednesday 10th November, Town Hall

Mayor’s Dinner in Old Library, Colchester  
Thursday 11th November

Grange Farm & Dunmow Runners Autumn Race  
Sunday 14th November

The Masquerade Ball, The Fennes, Friday 19th November

The Hearing Centre fundraiser, Tuesday 30th November  
The Headgate Theatre, Colchester

“Welcome Winter”, Colchester Town Centre  
Monday 1st December for the Mayor’s Charities

The 12 Wines of Christmas, Thursday 9th December  
Colchester Wine Centre

Christmas Raffle Draw, Monday 14th December

New Year Eve’s Party. Moot Hall, Colchester  
Friday 31st December for the Mayor’s Charities

Beer Tasting Suppers, Moot Hall, Colchester  
Friday 4th & 18th February for the Mayor’s Charities

Bach Choir Concert, St Botolph’s Church, Colchester

## We’ll get by with a little Help from our friends Thank you

To all the organisations and  
individuals who help us with gifts of money,  
goods and time.

### Donations from clubs & organizations

Waitrose Community Matters  
Mersea Island Fundraising for Headway  
Colchester Catalyst  
King Coels’ Kittens  
Leigh on Sea Rotary Club  
Colchester Cellar Club  
Mersea Island Fundraising for Headway  
Harebell Centenary Fund  
Colchester Colne Round Table (Sky Dive)  
Alter Ego (Fashion Party)

### Donations in kind

ECC signed Cricket Bat (Bob Juniper)  
WII & London hotel stay (Irwin Mitchell)  
Handbags & jewellery (Gina Clementson)  
Raffle prizes and a huge polar bear (Linda Runciman)

### Personal Donations or Sponsorship

Hilary Davis, Pamela Giles  
Mark Passmore  
Annabelle Glover (Strawberry Picking)  
Caroline & Malcolm Lesiter (Holland Cycle Ride)  
Kevin Weaver (Moonlight Colourthon)  
Lynn Whittaker (Moonlight Colourthon)  
Kevin Maloney (Moonlight Colourthon)  
Ken & Jill Arnold (Anniversary Party)  
Ben Shoulders (Edinburgh Marathon)  
Neil Laney (Car Show & Shine)  
John Enfield  
Linda Runciman (Barleylands Fun Walk)  
Mr & Mrs J Whitehead

### Collection boxes

Mrs Batts  
Wix Equestrian Centre  
One Stop Convenience Store  
CRUSE  
Mike Rohan  
Anna Daniells  
Mary Beverley